



Since 1953...Creating opportunities for individual successes

November 14, 2011

Immediate news release

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CHEMUNG ARC HOLDS SIBSHOP WORKSHOP AT THE MALL

Elmira, NY – Chemung ARC is pleased to offer another Sibshops session aimed at 7 to 14 year old siblings of children with special needs. The session will be held on Sunday, November 20, 2011 from 1 to 3 in the afternoon in the Community Connection room at Arnot Mall (next to Littman Jewelers).

Sibshops are pedal-to-the-metal celebrations of the many contributions made by brothers and sisters of kids with special needs. Sibshops acknowledge that being the brother or sister of a person with special needs is for some a good thing, others a not-so-good thing, and for many, somewhere in-between. They reflect a belief that brothers and sisters have much to offer one another--if they are given a chance. Sibshops are a spirited mix of new games (designed to be unique, off-beat, and appealing to a wide ability range), new friends, and discussion activities. There are now over 200 Sibshops in 45 states.

The free Sibshop session will be presented by Beverly Boughton LMSW of Chemung ARC. Please contact Debbie Whipple at 734-6151 or DAW@ChemungARC.org to register.

Founded in 1953, Chemung ARC is a non-profit, tax-exempt organization devoted to the well being of Chemung County residents who have developmental disabilities. In 2010, its fifty-seventh year of operation, the agency serves more than 730 people and their families annually.

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Winner of the National Award
for Innovation from ACCH,
The Association for the Care of
Children's Health



Brothers & Sisters

of people with special needs are **IMPORTANT** too

With the exception of mothers, **siblings** spend more time with children who have developmental disabilities or chronic health impairments than any other family member. And, because the sibling relationship is the longest-lasting relationship in the family, brothers and sisters are likely to experience concerns throughout their lives. Despite their importance, siblings' concerns are too often ignored. For everyone's sake, parents and providers must learn more about life as a brother or sister of a person with special needs.



Details:

Open to

7 to 14 year old school-age siblings of people with developmental disabilities

Date / Time

Sunday, November 20, 2011 from 1 to 3 PM

Facilitated by

Beverly Boughton LMSW

Location

Community Connection Room
(next to Littman Jewelers)
Arnot Mall
Chambers Road
Horseheads, NY 14845

Sponsored by

Chemung ARC
(607) 734-6151
www.ChemungARC.org

What are Sibshops?

Sibshops are pedal-to-the-metal celebrations of the many contributions made by brothers and sisters of kids with special needs. Sibshops acknowledge that being the brother or sister of a person with special needs is for some a good thing, others a not-so-good thing, and for many, somewhere in-between. They reflect a belief that brothers and sisters have much to offer one another--if they are given a chance. Sibshops are a spirited mix of new games (designed to be unique, off-beat, and appealing to a wide ability range), new friends, and discussion activities.



Pre-registration Required!

Join the local Sibshop

Contact: Chemung ARC
711 Sullivan Street
Elmira, NY 14901

Debbie Whipple
(607) 734-6151
DAW@ChemungARC.org

Here's What People Say About Sibshops

"I don't know exactly what helps my daughters, or what they like the best, but they always come home from a Sibshop smiling and calm. They seem to find camaraderie in experience and in spirit, even if the other kids don't have siblings with the same exact problems as our daughter with severe disabilities. I don't know what they (or I) would do without Sibshops!"

"Sibshops are fun! You get to play games and do lots of fun stuff. It's a good way to share feelings about what's going on with your sibling. It's not hard to share feelings because they're going through some of the same stuff you are."

"I thought I was the only one who loves my sister and hates her all at the same time!"

www.siblingsupport.org